

Terms Of service

1. Terms & Conditions

1.1 This site is owned and operated by Regardsoe Fitness and is the trading name of Regardsoe Fitness, The Fit-Hut Unit 18, Bingham's Park Farm, Pottenend Hill Road, Hemel Hempstead, Hertfordshire HP1 3BN

1.2 These terms and conditions include (i) general terms and conditions for the use of this site and (ii) terms and conditions relating to the services provided by Regardsoe Fitness on the site and in their gymnasium and use of the site, the purchase of any services on the site or use of the gymnasium will be subject to these terms and conditions.

2. Membership Options/Bookings

2.1 Membership options are set out within our site. Bookings for group exercise classes may then be made through the booking systems timetable. The booking and cancellation of sessions is your responsibility. Regardsoe Fitness is not responsible for any missed or unattended sessions if outside of the terms and conditions set out against the chosen membership option chosen.

2.2 Group exercise classes and personal training sessions are always subject to availability though we will do our best to accommodate you. Trainers may change from those scheduled to lead a session or group exercise class and Regardsoe Fitness cannot guarantee any particular trainer will be available for any session or group exercise class. All membership options and group exercise classes must be prepaid and are subject to our cancellation policy below.

2.3 It is a condition of acceptance of membership that the member agrees to be bound by these terms and conditions.

2.4 Regardsoe Fitness reserves the right (i) to reject any application for membership without giving any prior notice or (ii) to cancel any membership without notice subject to 4.3 of these terms and conditions.

2.5 Membership is personal to the member and cannot be transferred.

3. Pricing

3.1 Information is displayed on within our site. Pricing is subject to change by Regardsoe Fitness.

3.2 Membership Pricing is based on the service and programme content as a package, and not based on a per class/session basis. Included and listed against each membership option will be the number of sessions available you, the customer, to use within any given month at your time of joining. Memberships are discounted at a rate across a 3, 6 or 12 month contract. Allowances of holidays and gym closure at set times within the year are also reflected within the stated price at the time of commencing a membership option. Therefore sessions cannot be carried over or used against another given service.

4. Code of Conduct

4.1 Members are expected to behave in an orderly fashion at all times whilst in the gymnasium and shall be responsible for any injury they may cause to others and for any damage done to any property.

4.2 No alcohol may be brought by members into the gymnasium and smoking is strictly forbidden anywhere in the gymnasium. In addition, members may not enter the gymnasium under the influence of alcohol or bring into the gymnasium any non-prescription drugs or illegal substances.

4.3 Failure by any member to comply with these terms and conditions including this code of conduct will entitle Regardsoe Fitness to terminate a member's membership without any refund.

5. Cancellation/Refund Policy

5.1 Payment for all sessions and group exercise classes must be made in accordance with the relevant Membership or Class Option and prior to any sessions booked.

5.2 Cancellations for any group exercise classes' needs to be made 2 hours before a class starts; any cancellation within 2 hours of any group exercise classes will not be refunded.

6. Suspension of service

6.1 Regardsoe Fitness will use their reasonable endeavors to ensure the gymnasium is open and all equipment is in working order and available for use by members during such times as set out on our Booking System. There may be occasions, however, when the gymnasium may be closed or a particular trainer may not be available for reasons beyond our control as, for example, for essential maintenance purposes or illness of the trainer.

6.2 Regardsoe Fitness may suspend the operation of this site from time to time.

6.3 Regardsoe Fitness reserves the right to reduce the number of classes over Bank Holidays and the Christmas/New Year period. Prices are reflected and take this into account (see 3.2 above).

7. Due care

7.1 Any training provided by Regardsoe Fitness will be carried out with all due care and attention.

8. Disclaimer of Liability

8.1 All members use the gymnasium at their own risk. Neither Regardsoe Fitness nor its agents or employees shall be liable for;

8.1.1 the death or personal injury of any member whilst in or using the gymnasium except to the extent that death or personal injury arises from any negligent act or omission of Regardsoe Fitness or any agent or employee thereof; or

8.1.2 any loss, damage to or theft of personal property belonging to the member occurring in the gymnasium

8.2 It is all member's responsibility to determine that they are fit and well before attending any sessions or group exercise classes and members are advised to undergo a medical examination prior to beginning any physical activity programme. In addition, all Members must complete a PAR-Q Form.

9. General

9.1 Regardsoe Fitness may change these terms and conditions from time to time and by browsing the site you are accepting that you are bound by the current terms and conditions which form the entire understanding of the parties and supersede any previous agreements, understanding and representations

9.2 These terms and conditions shall be governed by and interpreted in accordance with English law.

Any questions or concerns regarding our terms of service or website should be emailed to Joanna Regardsoe info@regardsoe-fitness.co.uk